

## MINUTES

### of LPN 3<sup>rd</sup> Transnational Meeting

4<sup>th</sup> – 7<sup>th</sup> February 2016, Porto, Portugal

The third meeting of Love Power of Nature project is hosted by Geoclube, in Porto, Portugal, with the participation of:

- Hakkı Kurtulus Demir - Yasad NGO - Turkey
- Özgür Aycil - Yasad NGO - Turkey
- NahideTaman- Yasad NGO - Turkey
- Ergün Demir - Balıkesir University - Turkey
- Mehmet Baştürk - Balıkesir University - Turkey
- Fatih Aka Balıkesir – Balıkesir Provincial Directorate for National Educate – Turkey
- İslam Aktepe - Balıkesir Provincial Directorate for National Educate – Turkey
- Yılmaz Ragıp Dulker - Balıkesir Provincial Directorate for National Educate – Turkey
- Ayşe Pinar Karauzum - Balıkesir Provincial Directorate for National Educate – Turkey
- MihaelaPopovici - ACTA Center - Romania
- Simina Hint - ACTA Center - Romania
- RalucaSeres - ACTA Center - Romania
- Delia Iova - ACTA Center – Romania
- Concha Moreno - DEMÀ - Spain
- Ballart Montserrat - DEMÀ - Spain
- Joan Font - DEMÀ - Spain
- Wioletta Czernatowicz - ARID Lacjum - Poland
- Maciej Dymacz - ARID Lacjum - Poland
- Stefano Cobello - Polo Europeo - Italy
- Sabrina Burli - Polo Europeo - Italy
- ElisabettaGaronzi - Polo Europeo - Italy
- Marta Reis - Geoclube - Portugal
- Márcia Santos - Geoclube – Portugal
- Diana Santos – Geoclube – Portugal

## Thursday, 4<sup>th</sup> February 2016

- Arrival of participants/partners.

## Friday, 5<sup>th</sup> February 2016

09:30-10:30h

1. The speech of Márcia Santos, coordinator and member of Portuguese Host Team, includes information about:
  - Schedule, activities, changes of the program;
  - Financial issues;
  - Introduce the stuff;
  - Work and leisure (video about Porto);
  - Casa das Associacoes and NGO's in Porto.

10:30 – 11:30: Presentations of the LPN Project activities in each country (what happened since Verona meeting):

### *2. Yasad Organization – Turkey:*

They did an introduction about Q1-Q6 (Q<sub>1</sub> – introduction of rehabilitation model, Q<sub>2</sub> – training course, Q<sub>3</sub> – feedback of model, Q<sub>4</sub> – need analysis, Q<sub>5</sub> – dissemination workshops project results, Q<sub>6</sub> – nature platform).

They talked about the methodology: 20 rules to resolve the problems, one leader from each country and one management team. The management team will contain 8 people and 1 leader from each partner country.

Yasad Organization applied for the rehabilitation model, they talked about the different modalities of organizing the activities including also animals, but underlined the idea that the models have to be adapted to the needs of each group. From Q<sub>5</sub> – feedback of rehabilitation model it will be seen if it is successful or no.

The organization saw that the families are very happy with this situation, especially because the people with disabilities depend of their family.

They started to collect partners, their organization already has 60 people and they would like to start with 160 people on the site and also social-media, effective people with ideas for the project.

From this project it is possible to implement a new ecotourism project that can provide also jobs for unemployed young people.

### 3. *Bahkesir University – Turkey:*

They spoke about Q<sub>7</sub> – dissemination activities. BAU did their tasks by publishing news, participation in the symposium in November in Bahkesir "Love Power of Nature", introducing the project in the university (where participated more than 100 students), posters, roll-up, paper brochures (1000 distributed).

They did seminar, exhibition of rehabilitation, Training Course in June, practicing model with the Turkish partners.

Ongoing outputs: feedback mode rehabilitation, need analysis and consultation report (questionnaire), establishment of rehabilitation platform (deadline 01.04 – 31.06.2016), dissemination in September on many platforms, fairs, exhibitions, etc.

### 4. *ACTA Center – Romania:*

Starting from September, they did some activities: they did brochures and distribute them. ACTA worked with 2 target groups: in the first group participated children without problems and in the second group participated adolescents with disabilities that are studying in a professional school. Both of the groups had activities in the nature and in the countryside, so they applied the models and they could observe that the social skills, confidence, cooperation and other aspects improved.

### 5. *ARID Lacjum – Poland:*

The essential activities that ARID did:

- the meeting with professionals (June 2015), with 11 participants, in Maloposka region where they did a discussion about the topic and dissemination by roll-up and photos from the presentation.
- The practical testing of the LPN assumptions (September 2015), where participated 40 youngsters with disabilities, 10 teachers and staff and did different outdoor activities.

Plans for the future:

- In Krakow, 16.02.2016, they will organize one lesson in the school with children with disabilities with different activities with animals, for example with birds.
- In May 2016, they will organize 2 activities in the country side, in a farm – Magic Hill – where will participate 20-30 children.

### 6. *DEMA – Spain:*

DEMA NGO prepared the rehabilitation model, where 11 some professionals people participated for 3 days. One day visit Hipica Esteve-Barranco. They adopted the models and observed that the equinotherapy has positive outputs, improving self-esteem, self-confidence, social elements, communication, etc.

They prepared some aspects of the questionnaire and also the activities for Barcelona meeting.

### 7. *GEOCLUBE – Portugal:*

Geoclube introduced the project to the students of the professional school – Cindorand also they created two partnerships with other NGO's that are working with people with disabilities. They did some activities with youngsters in an ecotourism house in Gondomar, Casa de São Miguel.

In the future they will organize more activities with these NGO's.

### 8. *Polo Europeo – Italy:*

Polo Europeo organized trips and activities in a natural park hospital for animals in Verona, 21 September 2015. They talked about the Italian newsletter, international meeting, the fact that the web needs to be improved, evaluation tools, feedback of the activity, results, etc.

In the future, they want to send the project to NGO's and schools and also is probably that the NGO that works with horses will be a partner.

### 9. *Balikesir Provincial Directorate for National Educate – Turkey:*

They work with people with disabilities and so far they trained teachers to work with disabled students (2000 students). The results of this activities show that there are improvements of their social and academic files and also the children and their families are happier.

They want to send the model to schools and to the Minister of Education and also they want to do some outdoor activities, but mainly the idea is to bring the nature in the classrooms.

12:00-13:30: Presentations of progress:

### 10. *Bahkesir University – Turkey:*

BAU set up the web site with e-learning platform ([www.lpn.projects.eu](http://www.lpn.projects.eu)), they also started to promote the project in social media (Facebook, Youtube).

In the future they want to translate the web into the main languages of the partner countries and also to do monthly history of the visits, countries, downloads.

There were some suggestions about the website from the others NGO's, so the e-mail contact of BAU is: [metinaktr@yahoo.com](mailto:metinaktr@yahoo.com)

### *11. Yasad NGO – Turkey:*

Yasad NGO did a video about the project that was also promoted on the TV, the idea is to put this video also on the web. They have a lot of partnerships, they did a training course in the rehabilitation schools and also drama activities with the students.

### *12. Polo Europeo – Italy:*

They give feedback regarding Q1, Q2, Q4. They measured the quality of the model to see the reaction of the users (they forgot to include Poland in the analysis), they did graphics for each country using statistics regarding mood, atmosphere, participation, relation with peers, relationship with operators, etc. There were some problems with the number of users per country.

It is difficult to measure the level of improvement of the participants if we don't know the level of disability and also it's difficult to create real statistics. Their idea is to classify the disability in three categories: heavy / medium / light, to see the real results of the project.

The results could be conditioned by: weather, organization problems, timing, trainer attitude, well known activity, etc.

Another idea is to do questionnaire before and after a project or activity, to measure the feedback properly.

In the future it is a good idea to use also comments, to see exactly what and why didn't work and try to improve those aspects.

### *13. DEMA – Spain:*

Dema NGO worked to promote the project, they did the work plan for Q5/A1 "Needs analysis and consultation" and also they worked for the open questionnaires. In 2 weeks they will finish the final version of the questionnaire and they will send to the partners to receive feedback.

### *14. Geoclube – Portugal:*

Geoclube will work on the articles for the platform, they will send the files to the partners for feedback.

### *15. ARID Lacjum – Poland:*

They did some activities related with agriculture. Dissemination report from one year: dissemination template, dissemination tools, dissemination activities, posters, roll-ups.

Added value: invitations, calendar, street banner, coloring book for the students, small calendar, distribution in Poland. They promoted the project also in the Web, Facebook, Twitter. They will do a project short movie. Dissemination report template will be ready one month before the meeting in Barcelona.

16. *Visit to local institutions from Gondomar (14:30-18:00h):*

- APPC – Associação do Porto de Paralisia Cerebral
- ARCSS – Associação Recreativa Cultural e Social de Silveirinhos

Saturday, 6<sup>th</sup> February 2016

17. *Yasad NGO – Turkey:*

- Summary of the day one;
- The importance of the partners;
- 15 September 2016 → all the NGO's have to send the final report (hard copies).

18. *General questions:*

- Yasad NGO will work together with Geoclube to write the methodology and the rules for the rehabilitation platform (in one month they will send the drafts).
- General aspects about the platform.
- Each partner has to choose 20 people for the platform.

19. *Fill in the evaluation form.*

20. *Next meeting: 19 – 22 May 2016, Barcelona*

- 19 May – arrival day
- 20 – 21 May – working days

- 22 May – departure day

21. DEMA – Spain - proposals for the next meeting in Barcelona:

- Accommodation: Inout Hostel, 20 euros/person/day + breakfast (<http://www.inouthostel.com>). Please, send your option for accommodation until 1 March 2016.
- Visits: La fageda (non-profit NGO, 100 km), Hipica- Esteve – Baraco (20 km), Official College of Journalist of Catalonia.
- Space of the meeting: it depends of the accommodation that we choose, but will be near the hostel/hotel.

Sunday, 7<sup>th</sup> February 2016

- Departure of participants/partners.

[These minutes were prepared for 3<sup>rd</sup> Transnational Meeting organized by Geoclube, Portuguese Partner, in Porto, Portugal from 08 to 12 February 2016. Partners were of the same opinion to accept and sign the minutes of the meeting]

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